

EAST TEXAS

SYSTEM OF CARE

Serving children, adolescents, young adults, and their families in Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler Counties

If you or someone you know is experiencing a mental health crisis, please call **1-800-392-8343** immediately.

ABOUT THE EAST TEXAS SYSTEM OF CARE

It can be difficult for children with mental health needs to get the services and supports to be happy, healthy, and successful. Communities in East Texas have come together to support children and families in a new way. We are working to organize services and supports so that families can choose things that work best for them.

Why is my family being recommended for system of care?

This program is for youth and families who may not have benefited from more traditional services. This model may be a good fit for youth struggling with their behavior at home or in school; those who need care from psychiatric hospitals, emergency rooms, or residential programs; or youth involved with the police or juvenile justice.

These services may help families who juggle requirements from multiple sources such as probation officers, child protective services caseworkers, therapists, and teachers. Services also are available for families and youth in residential treatment as they prepare to return home.



SERVICES & SUPPORTS

Depending on your child's and family's needs, below are some of the services and supports that are available through System of Care.



Team-Based
Care Planning



24-Hour Crisis
Services



Assessment



In-Home
Counseling



Psychiatric
Services



Respite Services



Specialized
Therapies



Flexible Funding
(to meet specialized needs)



Coordination with
Residential Providers



Family Supports



Youth Supports



Behavioral
Support



Trauma-Informed Care



Mentoring



Employment Support
and Coaching



Transportation
Assistance

What makes System of Care different?

- Your family will have a plan of care that is unique to your family's needs.
- Your family will have a "Child and Family Team" made up of your family and a support group that meets at least once a month. This team may include family, friends, teachers, and professionals who want to help your child be successful.
- You will be able to choose from a full menu of services and supports provided in your child's home, school, and community.
- All services support your family's culture, beliefs, and traditions.

What will happen next?

- With your permission, we will send a referral to a representative from Burke, the community mental health center for the East Texas System of Care.
- A representative from Burke will contact you to set up an intake appointment.
- At that appointment, a staff member will meet with you to provide more information and talk with you about **what your family needs**.
- For more information about the East Texas System of Care, please contact Melissa Simmons at 936-639-2384 or Melissa.Simmons@myburke.org